

# quit partner™

Free help to  
quit your way

## Mus Ntsib Quit Partner™

Peb yog Xeev Minnesota txoj hau kev qhib tshiab rau kev txiav cim kev haus luam yeeb, kev nqus tshuaj thiab zom tshuaj. Tau txais tshuaj kho, kev cob qhia kev txiav cim thiab lwm yam dawb.

Hais, "nyob zoo."

**1-800-QUIT-NOW**

**QuitPartnerMN.com**



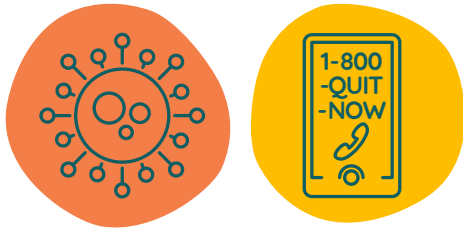
**2X**

**MUAB OB ZAUG HWV  
TSAM RAU KOJ QHOV  
KEV TXIAV CIM**



## **Puas haus luam yeeb los sis nqus tshuaj? Paub txog cov kev phom sij Kab Mob COVID-19.**

Yog koj haus luam yeeb los sis nqus tshuaj thiab muaj Kab Mob OVID-19, koj tuaj yeem mob nyhav dua, thiab nws tuaj yeem ua rau koj siv sij hawm ntev yuav kho zoo rov los.



### **Puas yog sam sim xav txog kev txiav cim?**

Tsis hais thaum twg uas koj npaj tau, Quit Partner yuav nyob ntawm no 24/7 muab kev pab dawb txhawm rau txiav cim rau qhov koj xav tau.

**1-800-QUIT-NOW** (784-8669)

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*Muaj cov neeg pab txhais lus.*