



Pregnant — or planning to be — and want to quit smoking or vaping?

We're here with free help to quit your way with the Quit Partner Pregnancy Program.



Calls with a female coach



Patches, gum and lozenges*



Emails & text messages**

**Go to [QuitPartnerMN.com](https://www.QuitPartnerMN.com)
or call 1-800-QUIT-NOW (784-8669)**

*18+
**13+



Meet the Quit Partner Pregnancy Program

We understand being addicted to nicotine doesn't go away just because you're pregnant or planning to be. Our judgement-free support can help you quit without adding to the stress of having a baby.

What You'll Get for Free:

- **Extra calls** with a dedicated female coach, including while you're planning for your pregnancy, during pregnancy, and after you have a baby
 - **Extra quit medications** like patches, gum and lozenges*
- **Other helpful support**, like emails and texts**, tailored to your needs



**Medical consent is required for all quit medication orders. 18+*

***13+*

The Quit Partner Pregnancy Program is available for free to uninsured Minnesota residents and those whose insurance does not cover coaching or quit medications.