



## Living with a substance use disorder or mental illness and want to quit smoking or vaping?

We're here with free help to quit your way through the Quit Partner Behavioral Health Program.



Free calls with a coach, plus unlimited support calls to help you stay quit



Free patches, gum or lozenges\*



Free emails & text messages

Go to [QuitPartnerMN.com](https://www.QuitPartnerMN.com)  
or call 1-800-QUIT-NOW (784-8669)



## Meet the Quit Partner Behavioral Health Program

Are you living with a substance use disorder or a mental illness, such as anxiety, depression, PTSD, or bipolar disorder? We get that quitting nicotine can be extra hard. We created this program with extra support just for you.



### How to Sign Up

**Step 1:** Go to [QuitPartnerMN.com](https://QuitPartnerMN.com) or call 1-800-QUIT-NOW

**Step 2:** Choose the phone coaching option

**Step 3:** During enrollment, let us know you are living with a mental illness or substance use disorder. We will provide information about this program so you can decide if it's the right fit for you.

### What You'll Get, for Free

- **Extra coaching calls**, plus unlimited support calls for those times when you need a little more help
- **Extra quit medications** — patches, gum or lozenges\*

The Quit Partner Behavioral Health Program is available for free to uninsured Minnesota residents and those whose insurance does not cover coaching or quit medications.

\*18+