

quit partner™

Free help to
quit your way

La Kulan Quit Partner™

Waxaynu nahay habka Minnesota ee cusub ee iska joojinta sigaar cabida, cabida sigaarka elektroniga iyo calaajinta (tubaakada). Hel daawooyin lacag la'aan ah, tababarka iska joojinta iyo waxyaalo dheeraad ah.

Dheh, "salaam/hi."

1-800-QUIT-NOW (1-800-784-8669)

QuitPartnerMN.com



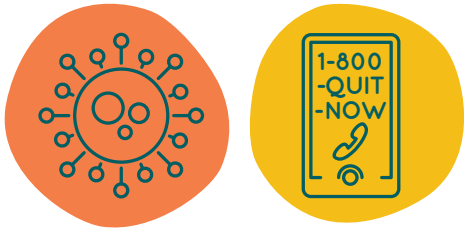
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JIBAARO
FURSADAHAAGA
EE ISKA JOOJINTA



Sigaar Cabida ama Cabida Sigaarka Elektroniga? Oggow khatarta la socda COVID-19.

Haddii aad cabto sigaar ama sigaarka elektroniga oo uu kugu dhaco COVID-19, waxaa laga yaabaa inaad sii jirato, waxayna kugu qaadan kartaa muddo sii dheer inaad ka boksato/kacdo.



Miyaad ku fakaraysaa inaad iska joojiso?

Mar alla markaad diyaar tahay, Quit Partner ayaa diyaar la ah 24/7 caawin lacag la'aan ah si aad u joojiso waddada aad ku jirto.

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Turjubaano ayaa la heli karaa.