

Brief quitting advice from a clinician has been shown to increase quit rates by 66%.

We're here to help.

## Three Quick Steps to Help Your Patients Quit

1. Ask your patient about their commercial tobacco use
2. Advise them about the benefits of quitting
3. Connect them with free quit support, when they are ready to quit (see reverse)

## How to Connect Your Patients to Free Quit-Nicotine Support

1. Offer to connect your patient to Quit Partner for free coaching and quit medications
2. Visit [QuitPartnerMN.com](http://QuitPartnerMN.com) and click "Make a Referral." Complete the web or fax referral form
3. Let your patient know that they will receive a call within 24 hours to help them find free support to quit their way
4. Follow up with your patient to ensure they connected with someone from Quit Partner



Learn more about how to support your patient's quit and get free CE credits at

[CoursesThatClickMN.com](http://CoursesThatClickMN.com)

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