

READY TO QUIT SMOKING OR VAPING FOR FREE?

Quit Partner™ is ready to help 24/7.

1-800-QUIT-NOW / QuitPartnerMN.com

Interpreters available.

Choose Your Free Tools



Quit medications like patches, gum or lozenges.*



Text messages with tips and advice.**



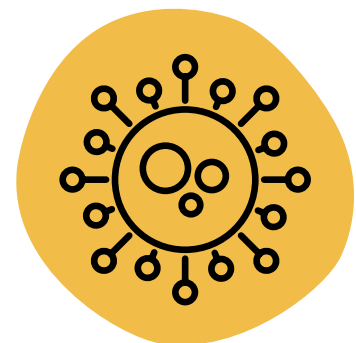
Helpful emails to support you along the way.**

Double Your Chances of Quitting



Your chances of quitting go up just by talking to a coach at the same time you're trying something like patches. It's all free.

Know the Risks With COVID-19



If you smoke or vape and get COVID-19, you could get sicker, and it could take you longer to recover. Whenever you're ready to quit, we're ready to help.

Free help to
quit your way

**quit
partner**™

QuitPartnerMN.com

*18+
**13+